



NORTH AMERICAN HOCKEY LEAGUE WEEKLY RELEASE

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STANDINGS

Central Division

TEAM	GP	W-L-OTL	PTS	PCT	GF	GA
North Iowa	6	4-2-0	8	.667	19	24
Owatonna	6	3-2-1	7	.583	19	23
Alexandria	5	2-2-1	5	.500	10	18
Albert Lea	7	1-6-0	2	.143	17	31
Bismarck	6	0-4-2	2	.167	12	23

North Division

TEAM	GP	W-L-OTL	PTS	PCT	GF	GA
Marquette	6	5-1-0	10	.833	20	12
Traverse City	7	5-2-0	10	.714	30	23
Motor City	5	3-0-2	8	.800	18	10
Janesville	6	2-4-0	4	.333	15	18
Alpena	7	2-5-0	4	.286	21	25

South Division

TEAM	GP	W-L-OTL	PTS	PCT	GF	GA
St. Louis	4	4-0-0	8	1.000	19	10
Springfield	6	3-2-1	7	.583	24	17
Texas	6	3-2-1	7	.583	16	17
Topeka	6	3-2-1	7	.583	14	15
Wichita Falls	6	3-2-1	7	.583	17	18

West Division

TEAM	GP	W-L-OTL	PTS	PCT	GF	GA
Wenatchee	9	9-0-0	18	1.000	36	15
Alaska	9	7-1-1	15	.833	34	19
Fairbanks	8	3-4-1	7	.438	29	24
Kenai River	9	1-7-1	3	.167	21	41

LEADING SCORERS

PLAYER	TEAM	P	GP	G	A	PTS
Juola, Michael	FBX	F	8	4	9	13
Pustin, Mark	FBX	F	8	6	6	12
Pauly, Shawn	WNE	F	9	5	7	12
Jubenville, Jeff	WNE	F	9	7	4	11
Rickord, Jared	SPR	F	6	6	5	11
Haider, Robb	ALK	F	9	5	6	11
Ladd, Garrett	MAR	F	6	4	7	11
Brodie, Kyle	WNE	D	9	2	9	11

(three players tied with 10)

LEADING GOALTENDERS

PLAYER	TEAM	GPI	MINS	W-L-OTL	GAA	SPCT
Robertson, Kale	ALK	3	180:00	3-0-0	1.00	.966
Kamal, Chris	ALX	2	120:00	2-0-0	1.00	.968
Carruth, Mac	WNE	7	387:00	6-0-0	1.55	.940
Kissaw, Kevin	MAR	5	299:59	4-1-0	1.60	.961
Willis, Randy	MCM	4	250:00	2-0-2	1.68	.921

GOALS

PLAYER	TEAM	P	GP	G
Jubenville, Jeff	WNE	F	9	7

(two players tied with 6)

ASSISTS

PLAYER	TEAM	POS	GP	A
Juola, Michael	FBX	F	8	9
Brodie, Kyle	WNE	D	9	9

PLUS/MINUS

PLAYER	TEAM	POS	GP	+/-
(three players tied at +8)				

Avs Start Season Strong

Veterans, goaltending key early success

For a team that finished a distant third in the NAHL's West Division standings a season ago, the Alaska Avalanche couldn't be happier with the start to its 2009-10 campaign.

The rejuvenated Avs hold an impressive 7-1-1 mark in the early goings, thanks in part to two more victories on the road last weekend against the Bismarck Bobcats.

"We're pretty pleased with the guys so far, and obviously it feels good to get the season off on the right foot," said Avalanche head coach **Dave Boitz**, whose team won 23 games last year. "But we know it's only going to keep getting tougher."

Berkley Scott's hat trick lifted the Avs to a 5-2 win on Friday. **Robb Haider** added a goal and an assist in the victory, and goaltender **Kale Robertson** turned aside 24 shots.



Robb Haider

The next night, **Kyle Pichler** connected for a goal and an assist and Haider chipped in two more assists as Alaska doubled up Bismarck, 4-2. Between the pipes, **Landon Peterson** made 16 saves.

"We're playing well, and we're getting some good goaltending and key goal-scoring," said Boitz.

And returning 11 players from last year's club doesn't hurt either.

"Having that many guys come back from the year before - and that's never happened up here before - that's key," said Boitz.

The Avalanche is expecting big things from a handful of its returning forwards, and they haven't disappointed early on. Haider, who finished last season with 25 points on 13 goals, already has five goals for 11 points after nine games.

Fellow Anchorage natives **Kyle Pichler** (two goals, eight assists), **Zach Smith** (five goals, four assists) and **Matt Freise** (goal, four assists), a University of Alaska-Anchorage (WCHA) recruit, along with **Nardo Nagtzaam**, from the Netherlands, are back and putting up points.

Blueliner **Jake Parenteu**, a Minnesotan who finished last season tied for the league-lead in goals scored by a defenseman (10), has also returned to Alaska's lineup.

"They can all put up some big numbers," Boitz said of his talented veterans.

Along with its strong veteran presence, the Avalanche has gotten a big boost between the pipes this season. Both Robertson, a Winnipeg native who's only surrendered three goals in his first three starts, and Peterson, a Wisconsin native, have been a breath of fresh air.

"We have a lot better goaltending than we had a year ago," said Boitz. "Both are first-year guys, but both have been terrific."

Another newcomer, Scott also enters the season with a lot of promise. After a modest offensive showing at the NAHL Showcase Tournament the week prior - he delivered only one goal over the four games at the Minnesota event - the 18-year-old from Anoka, Minn., unleashed for four tallies against the Bobcats.

Story continued at NAHL.com

sherwood central player of the week

North Iowa forward **John O'Neill** struck for a goal and three assists in the Outlaws' two-game sweep over the Kenai River Brown Bears. In a 5-4 shootout victory on Friday, the Anoka, Minn., native potted a goal in regulation and one in the shootout, along with an assist. The next night, the 19-year-old recorded two more assists as the Outlaws bested the Brown Bears, 4-3.



sherwood north player of the week

Marquette forward **Garrett Ladd** connected for three goals and three assists as the Rangers skated to a two-game sweep over the Fairbanks Ice Dogs. On Friday, the Fenton, Mich., native recorded a goal and three assists in a 5-2 victory. The next night, the 20-year-old tallied two more goals as the Rangers doubled up the Ice Dogs, 4-2. He was also a plus-3 on the weekend.



sherwood south player of the week

Texas forward **Jack Prince** scored two goals and an assist as the Tornado split a two-game set with the Topeka RoadRunners. On Friday, Prince, from the United Kingdom, put home a goal and an assist in a 3-2 victory. The next night, the 18-year-old notched another goal in the Tornado's 4-3 loss to Topeka. He was also a plus-2 on the weekend.



sherwood west player of the week

Alaska forward **Berkley Scott** rang up four goals as the Avalanche celebrated a two-game sweep over the Bismarck Bobcats. On Friday, the Anoka, Minn., native recorded a hat trick, including the game-winning goal, in a 5-2 victory. The next night, the 19-year-old connected for another goal as the Avs doubled up the Bobcats, 4-2.



gdi goaltender of the week

Marquette goaltender **Kevin Kissaw** backstopped the Rangers to a two-game sweep over Fairbanks, turning aside 75 of 79 shots. On Friday, the Goodrich, Mich., native made 27 saves in a 5-2 victory. The next night, the 19-year-old stopped 48 shots as the Rangers doubled up the Ice Dogs, 4-2.



the week ahead *all times local*

Monday, September 28

Wenatchee @ Traverse City, 7:05 pm

Tuesday, September 29

Wenatchee @ Traverse City, 7:05 pm

Thursday, October 1

Kenai River @ Wenatchee, 6:35 pm

Fairbanks @ Alpena, 7:00 pm

Friday, October 2

Fairbanks @ Alpena, 7:00 pm

Janesville @ Springfield, 7:00 pm

Texas @ Topeka, 7:05 pm

St. Louis @ Wichita Falls, 7:05 pm

Marquette @ Motor City, 7:30 pm

Alexandria @ North Iowa, 7:30 pm

Saturday, October 3

Bismarck @ Alaska, 7:00 pm

Alexandria @ Albert Lea, 7:00 pm

Janesville @ Springfield, 7:00 pm

Texas @ Topeka, 7:05 pm

Kenai River @ Wenatchee, 7:05 pm

St. Louis @ Wichita Falls, 7:05 pm

Marquette @ Motor City, 7:30 pm

Owatonna @ North Iowa, 7:30 pm

Sunday, October 4

Janesville @ Springfield, 3:00 pm

Bismarck @ Alaska, 5:00 pm

Kenai River @ Wenatchee, 5:05 pm

around the nahl

ALASKA AVALANCHE: Head coach **Dave Boitz** believes that expanded recruiting efforts over the offseason will help his team be more competitive. "This is the first year the Avalanche has had anybody outside of Alaska actively recruiting," he said.

ALBERT LEA THUNDER: Defenseman **Brad Phenow**, from Sauk Rapids, Minn., connected for a pair of goals in the Thunder's 5-3 loss to Owatonna on Saturday.

ALEXANDRIA BLIZZARD: Goaltender **Chris Kamal**, of Alpharetta, Ga., turned aside all 34 shots in the Blizzard's 2-0 win over Albert Lea on Friday.

ALPENA ICEDIGGERS: Playing in two of the IceDiggers' three losses to Wenatchee, defenseman **Josh Botimer**, a Bay City, Mich., native, chalked up four assists.

BISMARCK BOBCATS: After losing two games to Alaska at home, the Bobcats will look to exact revenge on the Avalanche this coming week with three games in Wasilla on Saturday, Sunday and Tuesday.

FAIRBANKS ICE DOGS: After dropping a pair of games to Marquette, the Ice Dogs will stay in the Lower 48 this coming weekend for a two-game set against Alpena.

JANESVILLE JETS: Idle last weekend, the Jets return to NAHL action this coming weekend when they travel to Springfield for a three-game series.

KENAI RIVER BROWN BEARS: Forward **Jed McGlasson** (three assists), from Kenai, and forward **Micki Mahailovich** (goal, two assists), a Westland, Mich., native, both fashioned three-point weekends in two losses two North Iowa.

MARQUETTE RANGERS: At 5-1 to start the season, head coach **Kenny Miller** is happy with the early prospects of his first-year players. "With only a handful of veterans returning, we knew our new guys would have to step up and they have so far."

MOTOR CITY METAL JACKETS: Forward **Patrick Sullivan**, from Derby, N.Y., recorded a hat trick in the Metal Jackets' 5-4 overtime loss to Traverse City on Saturday.

NORTH IOWA OUTLAWS: Goaltenders **Paul Moberg**, from Forest Lake, Minn., and Apple Valley, Minn., native **Trent Caspar** each picked up a win in net in the Outlaws' two-game sweep over Kenai River.

OWATONNA EXPRESS: Forward **Cory Thorson**, from Crystal, Minn., tallied a goal and an assist in the Express' 4-2 victory over Albert Lea on Saturday.

SPRINGFIELD JR. BLUES: Goaltender **C.J. Groh**, a University of Alabama-Huntsville (CHA) recruit from Cincinnati, stopped all 42 shots in the Jr. Blues' 4-0 triumph over Wichita Falls on Saturday.

ST. LOUIS BANDITS: With last weekend off, the undefeated Bandits (4-0) begin their South Division schedule this weekend with two games in Wichita Falls.

TEXAS TORNADO: The Tornado opened the newly renovated Dr Pepper Arena with a 3-2 win over Topeka on Friday before a crowd of 1,872. Goaltender **Dan Sullivan**, of York, Pa., made 45 saves in the victory.

TOPEKA ROADRUNNERS: Ft. Worth, Texas, native **Michael Hill** connected for a pair of goals, including the game-winner, in the RoadRunners' 4-3 triumph over the Tornado on Saturday.

TRAVERSE CITY NORTH STARS: **Phil Wendecker**, from Westland, Mich., potted two goals in the North Stars' 5-4 shootout win over Motor City on Saturday.

WENATCHEE WILD: Northglenn, Colo., product **Kyle Brodie**, the league's leading scorer among defensemen, picked up four more points (goal, three assists) in the Wild's three-game sweep over Alpena.

WICHITA FALLS WILDCATS: Second-year forward **Aaron Quick**, from Monument, Colo., has committed to the Air Force Academy (Atlantic Hockey) for next season.