

NAHL COMBINE: NEW JERSEY APRIL 2021

COVID-19 REQUIREMENTS, RECOMMENDATIONS & GUIDELINES

The NAHL is monitoring local and federal guidelines and will follow the recommendations in place. Even with everyone's participation, the NAHL cannot eliminate all risk associated with Covid-19. By choosing to participate, players and guests are assuming the risk of contracting Covid-19 at the event.

REQUIREMENTS:

- It is the player's responsibility to follow and abide by their home state travel guidelines.
- Participants must complete the NAHL Covid-19 waiver prior to participating. (registration)
- All participants must follow league, facility and local guidelines in order to participate.

RECOMMENDATIONS:

- Follow the [CDC recommended best practices](#)
- If you have experienced fever, cough, chills, muscle pain, shortness of breath, sore throat or other symptoms of COVID-19 then you should not participate. [CDC Symptom List](#)
- If you or a family member have a medical history that places you in a high-risk category for COVID-19, we recommend that you do not enter the building.

RINK GUIDELINES

- Participants will be required to complete a [Middletown Sports Complex COVID Waiver](#)
- Temperatures of all coaches and athletes will be checked before every workout. Participants with a temperature above 99.9 will be turned away.
- Anyone showing signs of illness, coughing, sneezing, etc., will be turned away.
- Masks are mandatory at all times except players on the ice.
- Please maintain social distance at all times & do not gather in groups in any areas
- Hand sanitizer stations have been posted throughout the building
- Staff will continue to sanitized high touch point areas throughout the day

HOCKEY OPERATIONS:

- Spectators are permitted to enter the building at game time
- Masks are to be worn at all times (Helmet on or mask on)
- Skaters shall not arrive more than 30 minutes prior to ice rental/game start time
 - **Locker room use is not allowed.**
 - **Players will be assigned an area to change**
 - **NO SHOWERS** will be allowed
 - Water fountain usage is prohibited; players need to provide their own hydration sources.