

NAHL COMBINE – DANBURY, CT

COVID-19 RECOMMENDATIONS & GUIDELINES

The NAHL is monitoring local and federal guidelines and will follow the recommendations in place. Even with everyone's participation, the NAHL cannot eliminate all risk associated with COVID-19. By choosing to participate, players and guests are assuming the risk of contracting COVID-19 at the event.

BEST PRACTICES:

- Participants, spectators, and staff must wear a facemask at all times in the rink.
 - Participants do not need to wear a mask during competition.
- Make sure your group understands 6' apart social distancing recommendations.
- Hand sanitizer stations will be available in the facility and at check in.
- Participants should wash their hands regularly.
- Clearly label and fill your own water bottle before coming to the rink.
 - Drink out of your own water bottle and do not share water bottles.

DAILY SELF EVALUATION:

- If you have experienced fever, cough, chills, muscle pain, shortness of breath, sore throat or other symptoms of COVID-19 then you should not participate.
 - <https://www.cdc.gov/coronavirus/2019-ncov/downloads/COVID19-symptoms-11x17-en.pdf>
- If you or a family member have a medical history that places you in a high-risk category for COVID-19, we recommend that you do not enter the building.

REGISTRATION/CHECK IN

- All Participants must sign Covid-19 release prior to participation.
- Team assignments and game schedules will be provided 24 hours before the combine.
- Please arrive no more than 60 minutes prior to the first game to pick up a jersey, socks, and NAHL gift.
- Temperatures will be taken at check in only.
 - Players with a 100.04 or above temperature will not be able to participate on that day.
 - Players that do not pass will have their temperatures retaken prior to participation for day two.

HOCKEY OPERATIONS

- 1 guest per player will be permitted to watch the scrimmage games.

- The schedule has built-in time to limit overlap or intermingling of athletes coming and going.
 - Players may not enter the rink until 10 minutes before their scheduled ice time.
 - Players must exit the rink no later than 10 minutes after their ice time has ended.
- Locker rooms are limited to 6 players but additional space outside the locker room will be provided.
 - Players shall arrive partially dressed in order to eliminate traffic flow.
 - Players are not permitted to shower at the rink.
- Scrimmage games will consist of 3 20-minute run time periods.
 - Warmups prior to scrimmage games will be split in order to maximize social distancing.
 - There are no postgame handshakes involving players, coaches or officials.
 - Fighting and altercations that involve pushing and shoving will not be permitted.
- NAHL Educational Seminars will be provided electronically due to the restrictions on gatherings.
 - Players will be emailed the presentation and will be able to follow up with questions.
- Every game will be videotaped and broken down by our analytic partner Instat.
 - Every NAHL and NA3HL team will be provided the analytical breakdown.

Thank you and good luck!